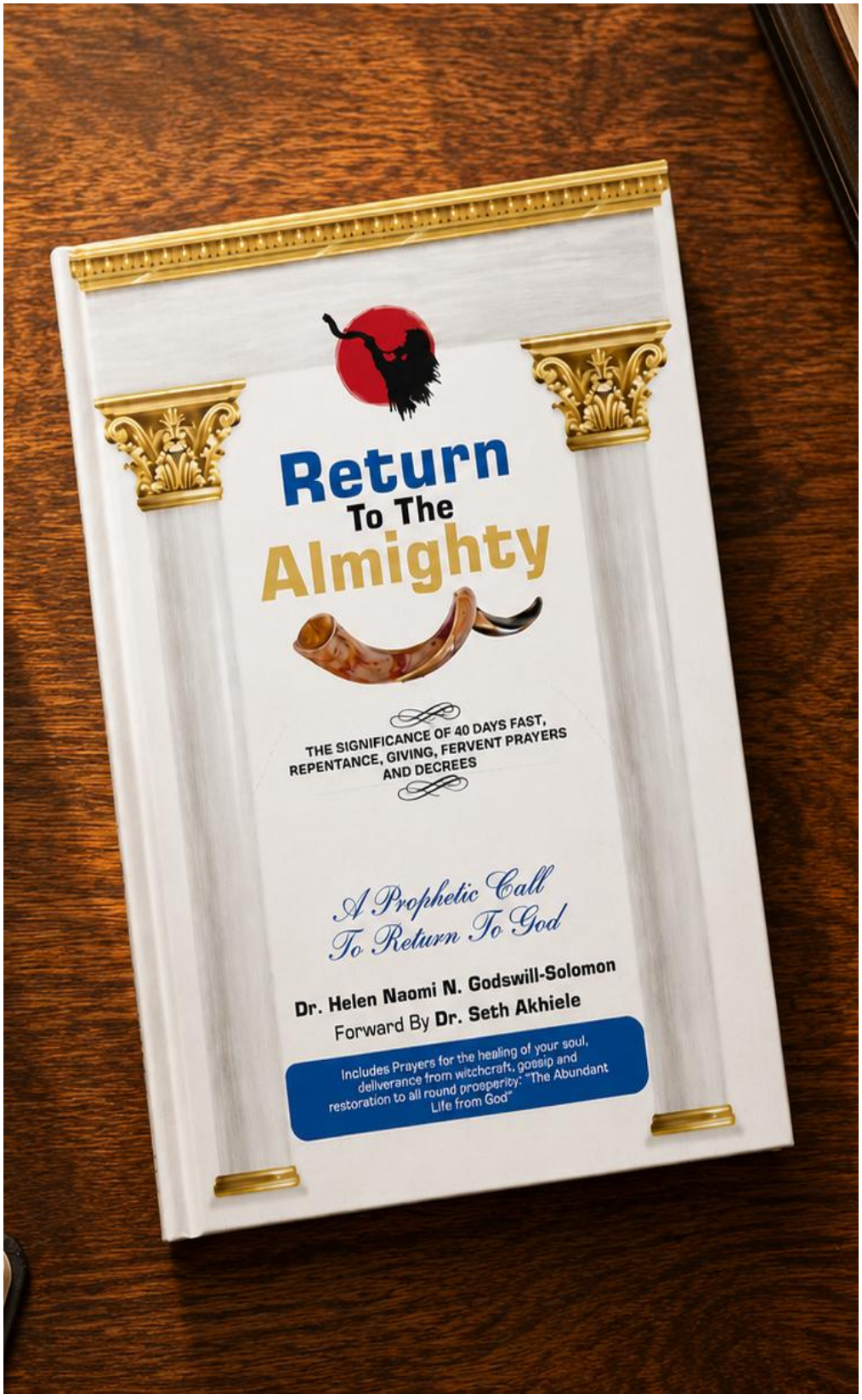

Return
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THE SIGNIFICANCE OF 40 DAYS FAST, REPENTANCE, GIVING, FERVENT PRAYERS AND DECREES
A Prophetic Call To Return To God
Dr. Helen Naomi N. Godswill-Solomon
Forward By Dr. Seth Akhiele
Includes Prayers for the healing of your soul, deliverance from witchcraft, gossip and restoration to all round prosperity: "The Abundant Life from God"

This is a teaser/ sample of the E-book

RETURN TO THE ALMIGHTY

The Significance of 40 Days Fast, Repentance, Giving, Fervent Prayers and Decrees

A Prophetic Call To Return To God

By

Dr. Helen Naomi N Godswill-Solomon

Foreword By Dr. Seth Akhilele Ph.D

Includes prayers for the healing of your soul, deliverance from witchcraft, gossip, and restoration to all round prosperity and wholeness into The Abundant Life from God

Dedication

I dedicate this book to all believers, precious sons and daughters of God Almighty all over the world, going through severe afflictions and trials, who at one time or the other may have missed the perfect will of God in any area of their lives and have now returned back to God for a second or third or fourth chance and even so many times; this time is your final return to the Almighty. You will not miss it again. This is your time of Divine intervention. Receive grace to remain planted in the perfect will of God and be steadfast until He comes to take us into His eternal glory. Now expect a great spiritual revival and awakening in your life, family, ministry, church, city and nation. You are God's general impacting your generation. Indeed there shall be manifestations as individuals, families, people, cities, communities and nations return to God in the mighty name of Yeshua. Amen. TO GOD BE ALL THE GLORY

Foreword

Dr. Seth Akhilele Ph.D

Israel as a nation was strategic in God's move then, now and in the future. The author of this book, Apostle Helen Godswill-Solomon has taken time to show that we can use the understanding of how God relates with the Jews in terms of times and seasons to position ourselves through fasting and prayers.

Seasons are designed by God and can be changed only by Him. Working to understand and knowing how to respond to times and seasons is a great advantage as we embark on our individual journeys of life and ministry. The 'ember months' and the beginning of a new year must be approached with spiritual understanding.

Apostle Helen Godswill-Solomon took time to deal with the matter of repentance.

Repentance is a bridge builder. She provides strategic approach to employing repentance in repairing altars of communication and relationship with God. Also, the book ensured that the matter of repentance is addressed from the Jewish lenses of times and seasons as it affects God's prophetic plans today and the future.

Also worthy of note is the foundation of scriptures that this book is standing on. The Level of spiritual depth is amazing. It is beyond just employing this book to pray but it is a fountain of diverse knowledge.

So, let me strongly advocate that this is a strategic prayer classic for every believer, Christian leaders, and intercessors. It is a tool as well as a companion for protracted fasting and prayers. It delivers into your hands necessary skills to return to God, when to do so and to position yourself in the coming year.

Dr. Seth Akhilele Ph.D President, House of Purpose-TA / D.G Followership Development Institute

Introduction

Does it take that long to repent and return to God? Does it take God that long to forgive our sins? Why is 40days fast necessary in this season? And why is the month of August/September or October? The 6th Hebrew month Elul important for this chosen fast and season of returning to God? This time of the year is very important to God's prophetic cycles because of the followings: It is the time for heavenly decisions, judgment and answered prayers Time to pursue God and renew our commitment to Him A time for Divine alignment Rosh Hashana is called the birth pangs of the Messiah. This season of 40days is the time to prepare for what is about to be birthed in the coming year. Day of atonement is the day judgments are sealed God wants us to turn to Him and this is the time when God can be found It is the appointed season for God to demonstrate His faithfulness and perform His promises A season of individual, corporate and national repentance. The gates of heaven are opened. The season of "Elijah revolution" to turn the hearts of the sons back to the Father and vice versa. This season "to turn" or "to return" in Hebrew is called Teshuvah. Teshuvah is days of repentance and to return to the Almighty There is a well-known prayer recited on the High Holy Days that says: Teshuvah (Repentance), Tefillah (Prayer) and Tzedakah (Charity) (TTT); translated as "Repentance", "Prayer" and "Charity" These are Divinely programed to avert every evil decree. During this season of 40days fast, prayer, giving and return to the Almighty you avert every unfavorable judgment and secure Gods mercy for the coming year.

It is a period of 40 days fasting, repentance, and return to the Lord for restoration and refreshment. It is the time to admit you messed up and it is time to clean up that mess in your life. Teshuvah comes from the Hebrew root word "shoov" which means "to turn back" and "to return".

It combines both aspects of forgiveness: turning from evil, making peace with your neighbor and turning towards God for good.

It is a time to make restitution with those you have offended and those who offended you. Time to heal and start afresh as the new Biblical year begins.

The goal of Teshuvah is to rid yourself of guilt. It is the season to make a U-Turn from unprofitable ways back to God, receive forgiveness for offenses committed against God and your fellow man, make peace with man and with God. A time for compensation and a plea for forgiveness to activate the mercy of God like the prodigal son Luke 15:11-24. In this season you are coming to yourself and your senses with a decision to "return" to your Heavenly Father to become a better person. He is waiting to receive, celebrate and restore you to your lost glory.

Psalm 27 is recited daily throughout the month of Elul during Teshuvah. Why? Psalm 27:1 "The Lord is my Light" refers to the festival of Rosh Ha Shanah. "And my salvation" refers to Yom Kippur – the day of atonement, the day that sins were blotted

out. But under the New Covenant, we do not have to wait for Yom Kippur once a year. "Today is the day of salvation". We should always walk daily in the attitude of Teshuvah. The Apostle John wrote in his first epistle: "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness". 1John 1:9. And Psalm 27:5 "for in the time of trouble He shall hide me in His pavilion: in the secret of His tabernacles…" refers to the Feast of Tabernacles.

Inside Teshuvah is a season of Light (feast of Rosh Ha Shanah), Salvation (day of Atonement) and Glory (feast of Tabernacles) LIGHT, SALVATION and GLORY. Teshuvah prepares Israel for the coming of Yeshua our Messiah and prepares the church for the rapture. To get us ready to meet Yeshua. Israel shall indeed receive her king in the name of Jesus Christ. Amen.

In summary; Teshuvah prepares us for the advent of the special season that will usher us into the new year. The special prayers on the High Holy Days capture: Teshuvah, Tefillah and Tzedakah. These are translated as "Repentance (Teshuvah)" "Prayer (Tefillah)" and "Charity (Tzedakah)". These are believed to avert and revoke every evil decree. So the season of Teshuvah 40days fast is to avert evil decrees so we enter the New Year clean, prepared to receive all that God has for us and be our best for our father, ourselves and for humanity in the coming year. Teshuvah every year and you will never remain the same. Yours with a repentant heart returning to God Almighty Helen-Naomi Godswill-Solomon October 2025

Chapter One: Starting Point

Day One

Fasting begins on the 1st day of the month of Elul new moon at sunset with special time of day and night ADORATION and MEDITATION daily. You can do it alone, husband and wife, family or group of ministry/prayer partners/church etc. Everyone must be in agreement Amos 3:3 NCV "Two people will not walk together, unless they have agreed to do so". It is very dangerous to pray with anyone or with people who are not in agreement with you and with your prayer points.

What is the meaning of "ADORATION"? It means deep love, respect, worship and veneration. Adoration is an act of worship offered to God in acknowledgment of His supreme perfection and dominion. Adoration is you God's creature's dependence upon Him. Adoration is the reverence shown to any person or object possessing, inherently or by association, a sacred character or a high degree of moral excellence.

Adoration is looking up to the infinitely perfect God, who cannot in righteousness and justice maintain an attitude of indifference when in full adoration we His children worship Him. God is infinitely perfect. He is the source and the fulfillment of all the good that we possess or shall ever possess. Through the immensity of the adoration we give to God in worship, we are acknowledging and submitting to the supremacy of the Almighty. We must set time apart for ADORATION where it's all about God and nothing else matters. Start and end your day with adoration.

Adoration is worship called forth by God, and given exclusively to only Him as God Almighty by us. It is an appointment scheduled by God for us to honor Him in worship. God laments in Malachi 1:6. "A son honors his Father, and a servant honors his master. If then I am a Father, where is my honor? And if I am a Master, where is my fear? Says the LORD of hosts to you, O priests, who despise my name. You say, 'How have we despised thy name?". This is Teshuvah it is time to return to the Almighty and give Him the honor that is due to Him. He deserves all the honor. Revelation 5:11-14.

The word Adoration comes from the Greek name latreia (latinized, latria) which means Divine Service, specifically refers to the supreme adoration and reverence due to God alone distinguishing it from the veneration given to any other. The term emphasizes the internal form of worship and the concept of offering ones whole life as a sacrifice to only God. Adoration differs from other acts of worship, such as supplication, prayer warfare etc. Adoration consists in self- abasement before the Infinite God in devout recognition of His exceptional supreme excellence. In adoration we are declaring and acknowledging that God alone is Supreme. It is all about His supremacy. It's a life style of total surrender as we return to the Almighty. James 4:10 "humble yourself in the sight of the Lord and He will lift you up"

An admirable example of adoration is given in Revelation 7:11 &12 NCB 11 All the angels who were standing around the throne, and around the elders and the four living

creatures, prostrated themselves before the throne and worshiped God, 12 saying: "Amen. Praise and glory, wisdom and thanksgiving, honor and power and might, be to our God forever and ever. Amen.

This is pure adoration. God deserves to be adored. There are many scriptures in the Bible instructing us to adore God and the benefits in doing so. See these few: Psalms 29:2 worship the Lord in holy array. Psalms 95:6 kneel and bow down before the Lord. Psalms 100:4 enter God's gates with thanksgiving and His court with praise. Psalms 150:6 let everything that has breath praise the Lord.

The revealed precept to "adore God" was spoken to Moses at mount Sinai and reaffirmed in the words of Yeshua in Matthew 4:10. CPDV "Then Jesus said to him: "Go away, satan. For it is written: 'You shall adore, the Lord your God and Him only shall you serve". Adoration means worship and service. In (The Voice) Jesus: 10 Get away from Me, satan. I will not serve you. I will instead follow Scripture, which tells us to "worship" the Eternal One, your God, and serve only Him". Returning to God in adoration is authentic worship of the Almighty daily.

What is the meaning of "MEDITATION"? How does the bible define meditation? Biblical meditation is the focused, intentional reflection on God's Word and character, rooted in a commitment to understand, internalize, and obey Scripture. In Hebrew, one of the primary words for "meditate" is "hāgâ," which can convey the idea of uttering, pondering, or contemplating something, often aloud as a way of internalizing Divine truth. It is a holistic endeavor that cultivates a deeper love for God's commandments. Meditation is weaving Divine truth into the very rhythm of life. It is not a new age concept. It is from the word of God Joshua 1:8 GW "Never stop reciting these teachings. You must think about them night and day so that you will faithfully do everything written in them. Only then will you prosper and succeed". Do you desire to prosper and succeed in life? MEDITATE This concept differs from other forms of meditation that emphasize emptying the mind. Instead, Biblical meditation centers on filling one's mind with Scriptures, and the promises and attributes of God. Deuteronomy 6:4-9. (The Voice). "Moses: 4 Listen, Israel! The Eternal is our True God—He alone. 5 You should love Him, your True God, with all your heart and soul, with every ounce of your strength. 6 Make the things I'm commanding you today part of who you are. 7 Repeat them to your children. Talk about them when you're sitting together in your home and when you're walking together down the road. Make them the last thing you talk about before you go to bed and the first thing

This is the end of the teaser/sample of the E-book **RETURN TO THE ALMIGHTY:** *The Significance of 40 Days Fast, Repentance, Giving, Fervent Prayers and Decrees* by **Dr. Helen Naomi N Godswill-Solomon,** granting a sneak peek into the opening chapter of this amazing book. If you enjoyed this teaser/sample, I encourage you to go on an make a purchase of the book which is also available on the same store in e-book format.